### **DESIGN & TECHNOLOGIES**

# **STUDENT RESOURCE**

# YEAR 7-8

# THINKING OUTSIDE THE BOX THE SUSTAINABLE SEATING PROJECT

### NAME

CLASS

### TERM/YEAR

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This unit investigates the growing, manufacture and use of the wood fib e material, cardboard. Along the way you can experience a virtual excursion to an Australian pine plantation forest and paper mill to see how this versatile material is created, and explore the importance of sustainable forest management to produce wood fib e. You are then tasked with designing and producing your own sustainable seat made from upcycled cardboard.





# LESSON SEQUENCE



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# **GENERATING & DESIGNING**

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# LESSON1

# $\bigcirc$

# THINKING OUTSIDE THE CARDBOARD BOX

### AIM

To explore cardboard products used in daily life and around the home, including the life cycle of cardboard and cardboard as part of a circular economy.

GLOSSARY		Throughout this learning unit, add to the glossary any new terms you come across.	
TERM	MEANING		
•••••••			

# ACTIVITY 1

### CARDBOARD. CARDBOARD EVERYWHERE!



STEP 1 Explore and touch the range of different cardboard products on display.

**STEP 2** In small groups, discuss ways cardboard is used around your homes and in society. Create a mind map to show cardboard uses.



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#### ACTIVITY 1 cont'd

STEP 3 Follow Table 1 to explore and test the properties of 3 different cardboard products/packaging. Record your observations for each sample and rate them from 1 to 3, where 1 is the best performing and 3 is the worst, for each test.

Table 1. Different Cardboard Product Properties Test.

	OBSERVATION AND RATING		
CARDBOARD PROPERTIES	SAMPLE 1	SAMPLE 2	SAMPLE 3
Strength - Fold test			
Strength - Crush test			
Durability - Tear test			
Durability - Drop test			
FRAGUE			
Water Repellent - Water test			
Optional Other:			





STEP 4 In your small groups, brainstorm what other products cardboard could be used for (see some examples below). Add your innovative ideas to your mind map using another colour.



Cardboard for temporary housing



Cardboard cathedral in Christchurch







# ACTIVITY 2

### A SIMPLE PRODUCT - A COMPLEX PROCESS: HOW IS CARDBOARD MADE?

STEP 1 Watch 'The renewable pine plantation forest story' Forest VR 360° video and answer question 1-2.

QUESTION 1 From the video, identify two types of technology used in the forest cycle and explain how this is used within the forest industry.

**QUESTION 2** Brie y outline two sustainable features of the pine plantation forest life cycle.

STEP 2 Watch the 'Pine - plantation to paper' Forest VR 360° video and answer question 3-4.

**QUESTION 3** What are the source materials used to make cardboard?

QUESTION 4 In your own words or a drawing, summarise the main steps involved in the manufacturing process of cardboard through the pulp and paper mill. You may like to draw a fl w diagram or use bullet points.

Use the comment tool options to draw straight onto the pdf or upload an image.

DRAWING WRITING

STEP 3 As a class, read the information below about the sustainability stool. Discuss the 3 aspects of sustainability and how they can be applied in design and technology.

### SUSTAINABILITY STOOL

In Design and Technologies, sustainability is about creating designed solutions for preferred futures. It is about solutions that will improve outcomes for people and the environment, that are cost effective, and support fair work and trade.

Sustainability in design rests on three pillars - environmental, social and economic. This is represented in the stool below. A designer needs to consider these pillars when designing new innovations and products.

For example, when in the process of designing products, designers may consider:

- Does my design fill a soci I need?
- Are the materials I use to produce the product ethically manufactured/ sourced?
- Can my designed product be made from environmentally-friendly / responsibly sourced materials?
- Will my designed product materials be accessible?
- How can I design my product so that it can be recycled or reused?
- · Is it cost effective to manufacture and distribute?
- Will it create jobs within the local economy?



#### QUESTION 5 Define hat sustainability means in your own words.

# **QUESTION 6** In the table below, write which aspect of sustainability you think each statement is most aligned with (multiple aspects of sustainability may apply to some statements).

**ENV (Environmental)** 

S (Social)

EC (Economic)

Table 1. Aspects of sustainability in the cardboard industry.

STATEMENT	ANSWER
Wood fib e can be continually regrown, making it a renewable material.	
Cardboard can be easily recycled.	
Cardboard is grown using sustainable forestry practices in Australia.	
Cardboard is biodegradable and a good alternative for single-use products.	
Local pulp mills create sustainable local jobs.	
Cardboard is a cost effective material to produce and recycle.	
Cardboard can be fl t-packed and transported cheaply before being assembled.	



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#### ACTIVITY 2 cont<sup>\*</sup>d

STEP 4 Compare and discuss your answers with the person next to you. Did this discussion make either of you change your mind about any of your answers? Explain why.

#### STEP 5 Conduct research into the difference between paperboard (kraft paper) and corrugated cardboard using Table 2 matrix below.

Table 2. Corrugated cardboard and paperboard research activity.

onto the pdf or upload an image. CORRUGATED CARDBOARD IMAGES PROPERTIES USES Find two images showing a product Include a labeled drawing/image of the structure of Find 3 different uses of corrugated cardboard. being wrapped in corrugated cardboard corrugated cardboard. and a product packaged in corrugated cardboard. PAPERBOARD (SOMETIMES REFERRED TO AS CARDBOARD) IMAGES PROPERTIES USES Find 3 different uses of Find two images that show how paperboard is used in advertising. paperboard.

Use the comment tool options to

draw straight

## **OPTIONAL EXTENSION**

# **ACTIVITY 3**

- STEP 1 Use the following resources to learn about circular design and circular economies:
- Stora Enso website video Circular design: https://www.storaenso.com/en/ sustainability/circular-bioeconomy
- Renewable materials into the future made from wood How we use a tree: https://youtu.be/rUEIPYaxgqs

STEP 2 As a class, consider the following paragraph from the Government of the Netherlands website, then complete tasks A to C.

Remember something is not recycled until it is made into a new product!

> Use the comment too

options t

draw straig onto the p

A circular economy can be an important instrument to tackle the current triple planetary crises on climate, biodiversity and pollution. By keeping resources in the loop for longer, we'll avoid emitting greenhouse gases caused by the energy needed to make products.

CARDBOARD AS A PART OF A

**CIRCULAR FCONOMY** 

By 2050 the Dutch economy will run entirely on reusable materials. In this circular economy, there will be no more waste, as resources will be reused again and again.

Source: https://tinyurl.com/4psv32rd

Draw the linear life cycle of a cardboard or timber product familiar to you, from raw material to a) end of life disposal, using a fl w diagram.

b)

Reimagine how this product might be designed or reused differently in a circular economy, to reduce waste and maximise the use of the wood fib e material it is created from.





# Draw a fl w diagram that shows the changes and annotate it to explain where waste is reduced and resource use is maximised.

### STEP 3 CLOSING THE LOOP - Where can you contribute to a circular economy?

#### Paper products in your school

c)

1. Investigate the fate of paper products in your school and if they go to landfill (a lin ar economy). If no recycling is currently being done, think of ways your school could start to recycle, reuse and reduce paper waste.

2. Investigate the source of paper in the school by checking out the ream of paper's packaging. Is the paper made from recycled paper or virgin copy paper? Does the paper come from a sustainable forest source (that is, does it show a PEFC/Responsible Wood or FSC logo?).

**LESSON 2** 

# RESEARCH FOR A CARDBOARD SEAT

# ACTIVITY 1 SURVEYS FOR SCHOOL AND HOME

STEP 1 In pairs or groups, use either survey A or survey B or create your own survey for a chosen target group.

#### **STEP 2** Use your survey to gather responses from your target group.

Once the surveys are completed, in the next lesson, compile your results and collaboratively share and discuss your findings

### EXAMPLE SURVEY ON THE USE OF A CARDBOARD SEAT

SURVEY A: FRIENDS AND FAMILY			NAME:	
QUESTIONS	2	ANSWERS (C	ircle your response)	
Have you ever sat on a cardboard seat?	Yes	No		
Do you like the idea of using an upcycled seat made from cardboard?	Yes	No	Don't know	
If you own a cardboard seat how often do you use it?	Regularly	Sometimes	Rarely	Never
What appeals to you most about an upcycled seat made from cardboard?	It is a sustainable option.	It is lightweight and easy to store.	lt has a modern design aesthetic.	Other:



### ACTIVITY 1 cont'd

SURVEY B: SCHOOL PRINCIPA				
QUESTIONS	2	ANSWERS (	Circle your response)	8
Would you consider encouraging students to use upcycled cardboard seats at school events or in areas such as the library?	Yes	No	Don't know	
Why would you consider using cardboard seats at school events or in areas such as the library?	Cardboard seats would be cost effective to use, easy to replace and could be stored fl t- packed.	Upcycled seats are better for the environment than seats made from plastic and other materials.	We support sustainable practices at our school.	Other:
Why would you not encourage students to use cardboard seats in your school?	Seats may not last as long and need replacing more often.	They may not be as comfortable.	Seats may be more easily damaged if not handled with care.	Other:



# ACTIVITY 2 - SURVEY RESULTS



STEP 1 In your original survey groups or as a class, collate, share and discuss your survey findings

**STEP 2** From your results, refine the need or a cardboard seat. Questions that may help you to form conclusions include:

**QUESTION 1** From the survey responses, do you think there is a strong need or interest for a seat made from cardboard? Why or why not?

**QUESTION 2** List any needs for a cardboard seat identified rom the surveys.

**QUESTION 3** Based on the survey results, what considerations should you keep in mind and what problems or challenges might you encounter?

**QUESTION 4** Do the survey results mention any desired features?

### INVESTIGATION OF THE STYLE, FUNCTION AND MATERIAL OF DIFFERENT SEATS

BENEFITS AND DISADVANTAGES OF A SEAT'S STYLE, FUNCTION AND MATERIAL

STEP 1 Individually or in small groups, analyse 3 existing seats and explore the benefits and disadvantages of each one in relation to its material, how it functions and its style, using Table 1.

Image 1 - Metal seat: https://classicwithatwist.com.au/products/bistro-metal-chair

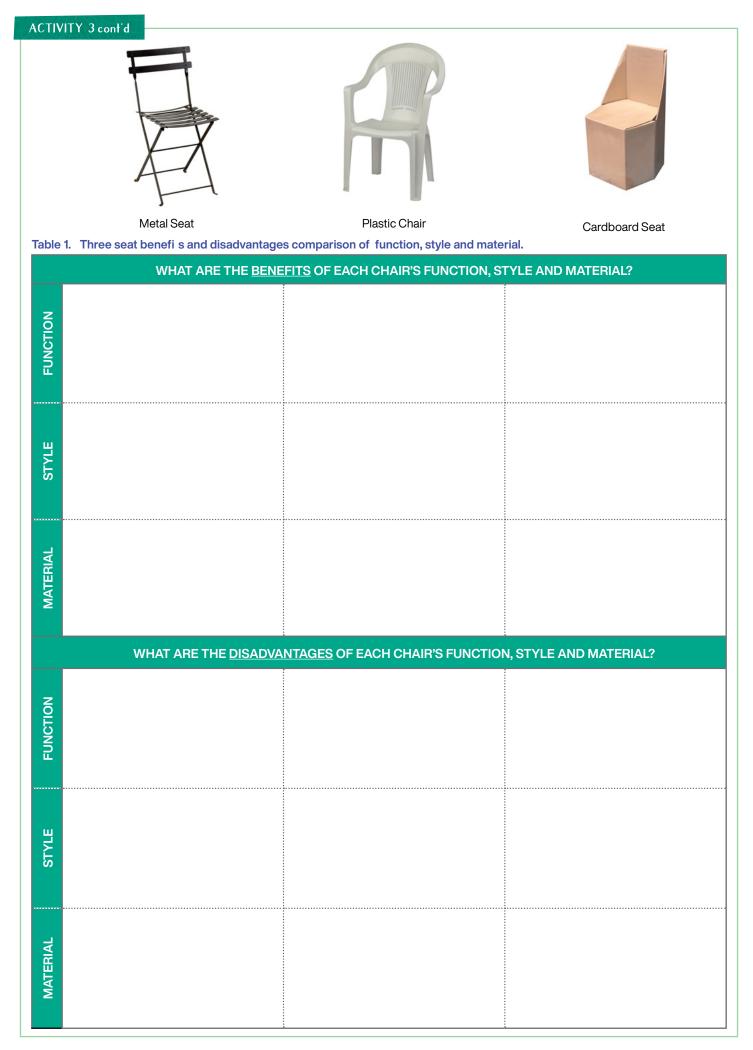
Image 2 - Plastic seat: https://tinyurl.com/plasticseat

**ACTIVITY 3** 

Image 3 - Cardboard seat: https://www.wired.com/2009/02/cardboard-chair/



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#### ACTIVITY 3 cont'd



### **EXISTING CARDBOARD SEAT DESIGNS**

STEP 2 Research and analyse two existing cardboard seat designs that might meet the needs of your targeted end user. Record your findings in able 2.

# **STEP 3** Insert an image of each seat and annotate the features that may appeal to the target group you surveyed into Table 2.

Table 2. Existing cardboard seat design research.

CARDBOARD SEAT DESIGN 1	CARDBOARD SEAT DESIGN 2
SOURCE:	SOURCE:
APPEALING FEATURES:	APPEALING FEATURES:
TARGET END USER:	TARGET END USER:
IMAGE:	IMAGE:



#### ACTIVITY 3 cont'd



### SUSTAINABLE PROPERTIES OF DIFFERENT MATERIALS

Investigate the properties of 3 materials, their level of sustainability and if they are suitable for a sustainable seat.

STEP 4 In groups of 4, play a game where 3 materials, stainless steel, plastic and cardboard, are interviewed for the job of seat material by the designer.

- 1 person plays the designer. Their purpose is to find the b st candidate to build their seat with.
- 3 people each play a material candidate. Their purpose is to 'sell' their material properties using the supplied CV (fact sheet) about these qualities.
- STEP 5 The interviewer asks each 'material' the questions about their properties listed in column 1 of table 3 and fills in their an wers below.

STEP 6 Based on all the answers given, decide on a sustainability ranking for each material from most sustainable (1) to least sustainable (3) and write it in the results summary.

Table 3. Interview scorecard for the sustainability of material properties for a seat.

Circle and annotate your answers to the following:

PROPERTIES	STAINLESS STEEL	PLASTIC	CARDBOARD
Source			
Energy used to create the material?	High / Medium / Low	High / Medium / Low	High / Medium / Low
Uses/roles			
Renewable?	YES / NO	YES / NO	YES / NO
Explain why or why not?			
Biodegradable?	YES / NO	YES / NO	YES / NO
Explain why or why not?			
Durability comparison	High / Medium / Low	High / Medium / Low	High / Medium / Low
Explain your choice.			
Results summary.	Rank each material from 1 - 3, 1 being the	e most suitable and sustainable option f	for your seat design.
Ranking:			

# MATERIAL 1 - CARDBOARD

### PERSONAL INFORMATION

SOURCE: I come from wood harvested from trees.

**MANUFACTURE:** I am made from mostly low-grade and waste wood that is chipped and pulped then reformed into fl t paperboard in a paper mill. I am also made from recycled paper products that are mixed and pulped with wood.

### EXPERIENCE

**PRODUCT HISTORY / USES:** I've had a starring role in packaging since the 1850s, from cereal boxes to textiles to fresh food products, and more recently, delivery of online goods. I have also had roles in the art and craft industry including picture framing and I'm branching out into furniture and construction.

### PERSONAL QUALITIES

- I am renewable because wood fib e comes from sustainably managed trees that are replanted after harvesting.
- I am biodegradable and compostable. I'm also recyclable if I'm not contaminated by food.
- I am fl xible, lightweight and love to wear advertising and decorative finish s.
- I am durable. As packaging I need to survive the rigours of whatever delivery method you throw at me! When I'm corrugated cardboard I have excellent strength due to my flu ed layers and do a great job of protecting my contents from damage in transportation. Whilst I am water resistant, I'm not weatherproof and prefer indoor or dry weather jobs.

# MATERIAL 2 - PLASTIC

### PERSONAL INFORMATION

**SOURCE:** I can be made from a variety of source materials including crude oil, natural gas, cellulose, coal and salt.

MANUFACTURE: I am energy intensive to create. To begin with, fossil fuels must be refined using hig temperatures to isolate the building blocks needed to make plastic, called monomers, such as ethylene and propylene (Plastics Europe, 2022). Inside a reactor using heat, light and enzymes, monomers such as ethylene and propylene are linked into long polymer chains through a process called polymerisation, creating polyethylene and polypropylene ('mono' meaning one, 'poly' meaning many) (Polyplastics, n.d.).

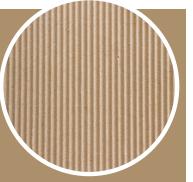
### EXPERIENCE PRODUCT HISTORY / USES:

My modern synthetic plastics were fi st made in 1906 but bioplastics were made by the Aztecs (1500

BCE) who mixed latex from the rubber tree with plant juice to create different products like sandals and rubber balls used in ceremonious games (Bhanoo, 2010). I've been wildly popular over the past 100 years due to my versatility, with roles in packaging, the medical, textile, automotive, electronic, furniture and toy industries and more.

### PERSONAL QUALITIES

- For the most part, I am not renewable because fossil fuels such as crude oil, which I am largely made of, are non-renewable materials. However bioplastics that use cellulose monomers from plants are partially renewable.
- Most of my plastic forms are not biodegradable, including the most widely used petroleum-based plastics such as thermoplastics (plastic bottles, packaging, toys, Teflon polyester fabric and more). The breakdown of most plastics releases toxins into the environment, however bioplastics are biodegradable and compostable when disposed of correctly (ABA, 2019).
- I am very durable, being generally tough and corrosion and chemical resistant. However, I degrade in the sun under UV light, becoming brittle and breaking into smaller pieces after long exposure.
- I am easy to make and less expensive compared to metal and I can be coloured and moulded into any shape.
- I am fl xible, lightweight and love to wear advertising and decorative finish s.







# MATERIAL 3 - STAINLESS STEEL

### PERSONAL INFORMATION

**SOURCE:** I come from the ground; steel is made from iron ore rock that is smelted at high temperatures, to isolate the metal from the rock.

**DEVELOPMENT:** Whilst my steel ancestors have been around since the iron age, stainless steel has only been used for the last 100 years after it was created to stop erosion within gun barrels and prolong their use (BSSA, 2022). I am created within a furnace, where steel is mixed with chromium (and other metals may be added such as manganese and nickel) to form the alloy of stainless steel, which is then cast into moulds and ready to be used to make different products.

### EXPERIENCE

**PRODUCT HISTORY / USES:** I am commonly used in the food and medical industry due to the ease of keeping me clean and sterile. I have been used in aerospace engineering, architecture and construction, and transport/automotive industries for many uses.

### PERSONAL QUALITIES

- I am not renewable because I come from metals, which are non-renewable resources, however I am 100% recyclable.
- I am not biodegradable, I take 100 to 1000 years to break
  down into organic compounds.
- I am highly durable, as I am resistant to corrosion and rust, I'm strong and robust under weight and extreme conditions.
- I am lightweight, attractive and require very little maintenance.
- I am the most expensive material on offer in this activity.



#### ACTIVITY 3 cont'd



**STEP 7** Select and justify which material you think is best suited to a sustainable seat in your own words by completing Table 4. My material selection justifi ation.

Table 4. My material selection justifi ation.

THE MATERIAL I CHOSE AS BEST SUITED TO A SEAT IS:

JUSTIFICATION

I chose this material because...









# **LESSON 3**

# DEFINING THE NEED AND GENERATING AN IDEA

### ACTIVITY 1

# **DESIGN BRIEF**

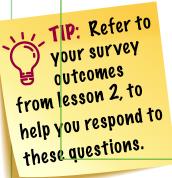
**STEP 1** Respond to the questions below to formulate a design brief. You can also refer to the Cardboard Seat Help Sheet below to assist you with your design.

QUESTION 1 Who are you designing and creating your upcycled cardboard seat for?

QUESTION 2 Why do they need an upcycled cardboard seat and where will it be used?

**QUESTION 3** What materials will the upcycled cardboard seat be made from?

**QUESTION 4** What aspects will make it comfortable?

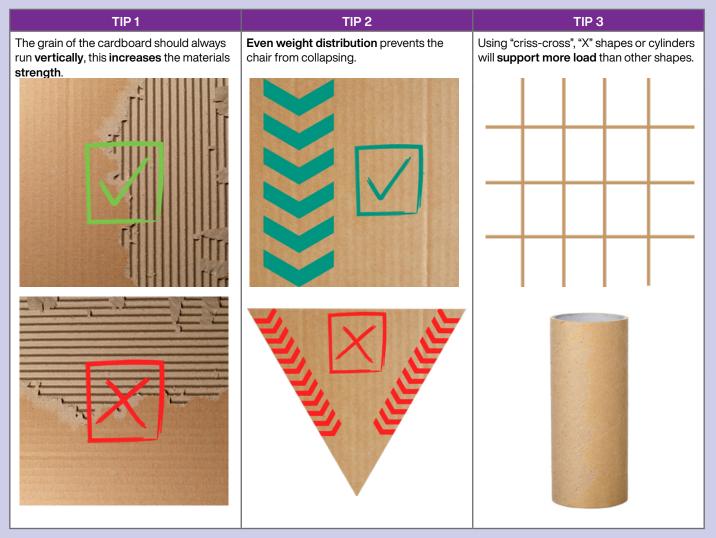


#### QUESTION 5 How will you make sure it is safe and sturdy?

#### **QUESTION 6** Will it have any additional features?

### CARDBOARD CHAIR HELP SHEET

If you are not sure about how to make your chair strong enough, try using the help tips below:





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## ACTIVITY 2

each one, using Table 1.

### GENERATING A CARDBOARD **SEAT DESIGN**



Table 1. Annotated seat idea drawings. SEAT DESIGN #1 **SEAT DESIGN #2** 

# STEP 2 Choose one seat design and draw its front view, top view and end view using Table 2. This way you can visualise the seat's separate parts in preparation for marking out the material and construction.

When designing a product, 2-dimensional views are created in an orthographic drawing to record all the information necessary to produce a product, including the top view, front view and end view.

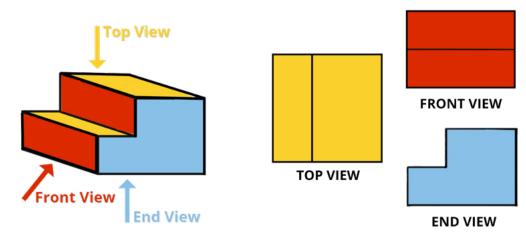


Figure 1. Orthographic drawing.

#### **STEP 3** Use these four prompts to annotate your drawing and add any additional sketches:

- 1. What features (if any) have you added to your seat to meet the user's needs?
- 2. How have you made sure your design will be comfortable?
- 3. How have you made sure your design will be sturdy?
- 4. How is corrugated cardboard a suitable material to use for this seat?



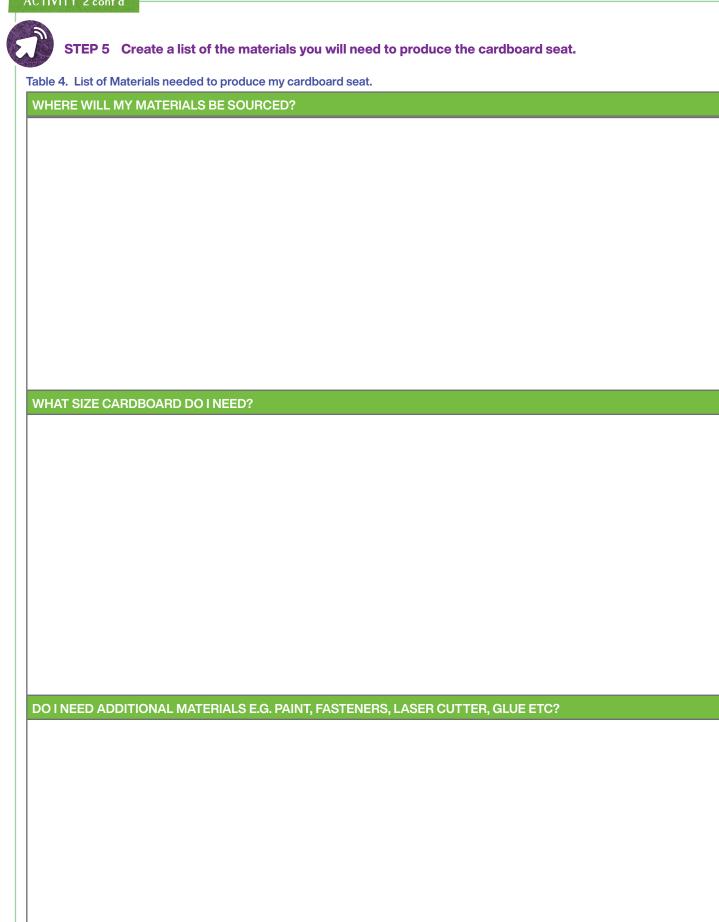
	ACTIVITY 2 contid				
Table 2. Orthographic projection of my sustainable seat.					
	FRONT VIEW				

# STEP 4 Using isometric paper or a computer program, draw a fin 1 idea in isometric view, following the instructions below.

#### Table 3. Isometric projection of my sustainable seat.

STRUCTIONS
w your preferred idea in isometric jection using grid paper or propriate computer software.
ur drawing needs to be at least cm x 10cm and include the nensions of the design.
make sure your dimensions are curate, measure an existing stool chair.
our your idea to show the colour d texture of the cardboard.
notate your idea by discussing its sign in detail.
example:
Does it have 3 or 4 legs?
Does it have a back or arm rests
ls it stackable?
Have you added any special features?





# **LESSON 4**

# RISK ASSESSMENT AND<br/>PRODUCTION OF A PROTOTYPEACTIVITY 1REVIEW OF CARDBOARD

STEP 1 Fill in Table 1 below, either by yourself or with a friend.



STEP 2 Share your ideas in a class discussion.

Table 1. Review of the properties of cardboard.

MATERIAL PROPERTIES	CARDBOARD
Source	
How was it created?	
What is it used for?	
Renewable	YES or NO
How is it or is it not renewable?	
Biodegradable	YES or NO
How is it or is it not biodegradable?	
Carbon emissions in manufacturing	LOW or HIGH
Why are the emissions low/high?	
Durability	LOW or HIGH
Why is its durability low/high?	
Results summary	What do your results tell you about the material's properties, and its suitability as a seat?



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# ACTIVITY 2

## - RISK ASSESSMENT



### STEP 1 Fill in your risk-assessment:

Table 1. Risk assessment.

EQUIPMENT	WHAT INJURIES MIGHT OCCUR?	HOW MIGHT YOU PREVENT THIS INJURY/S FROM HAPPENING?
Scissors		
Hot Glue Gun		
Cutting Knife		

STEP 2 As a class, create a list of safe working practices that are to be followed. List them below.

# ACTIVITY 3 -BUILDING PROTOTYPES



STEP 1 Use the space below to add drawings or photos of your prototypes, including images and notes about construction details you discover.

STEP 2 Write a small paragraph or list some dot points about what worked well and what didn't while building your prototype, including what you could improve for your fin 1 design.





# LESSONS 5-7



# X CARDBOARD SEAT PRODUCTION

**STEP 1** Follow the sequence of production and use the skills you obtained from building prototypes to produce your own upcycled cardboard seat for your end user.

## **PRODUCTION SEQUENCE**

Gather the materials and tools you will need:

- · Your design idea
- Your prototype
- Safety glasses
- An apron
- A cutting mat
- Other \_\_\_\_\_

2

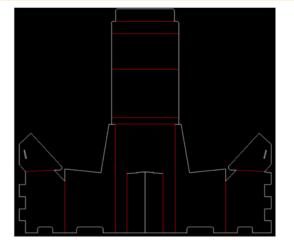
- Steel ruler
- Pencil
- Scissors
- A hot-glue gun

Continually refer to the class risk assessment to make sure you work though each production step safely.

Measure and mark out the parts of your seat onto your cardboard with a pencil. Make sure you have measured twice before you cut out your pieces.

S-FOT





Cut out your cardboard pieces.

Δ

5

Either glue or cut out slots to join the different parts of your cardboard seat.



Image source: © 2022 SlideShare from Scribd

Continue to check each stage of the production processes and make any adjustments as needed. Remember your seat needs to be sturdy and comfortable.





# **LESSON 8**



### **ACTIVITY 1**

**EVALUATION** 

STEP 1 Complete this evaluation worksheet to summarise and reflect on what you have learnt.

### **EVALUATION WORKSHEET**

Paste an image of your completed cardboard seat here

Respond to the following questions and try to elaborate on what you have learned throughout the lessons. Use phrases such as:

- 'I used to think ... now I think...'
- 'At first, I didn't understand ... and now I do because ...'

QUESTION 1 Who did you create a cardboard seat for?

**QUESTION 2** How did you adapt your design to make it appeal to them?

**QUESTION 3** What were the benefits of measuring an existing seat or chair?

**QUESTION 4** What worked well during production?

**QUESTION 5** What did you find difficult?

**QUESTION 6** Why was cardboard a good material to use?

**QUESTION 7** How will your product help the planet?





# **OPTIONAL EXTENSION**

# ACTIVITY 2

## **CLASS SHOWCASE**

STEP 1 Present your completed cardboard seat with your fin I design to the class/small group and ask classmates to complete a short feedback form.

Use the example form below or create your own.

FEEDBACK FORM	
FUNCTION Does the cardboard seat function as intended, is it sturdy and comfortable? Why or why not?	
<b>TECHNOLOGY</b> Do you think the cardboard seat will last with heavy use? Why or why not?	
<b>STYLE (HOW IT LOOKS)</b> Does the style of the cardboard seat refle t the end user's requirements? Why or why not?	

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## **APPENDIX 1**

## **PRODUCTION TIPS**

This information has been summarised from the following website: https://learn.adafruit.com/cardboard-fundamentals/ cutting-tools-and-techniques and PDF by John Park, 2021, Adafruit Industries.



**Pencil and texter** for marking out on your cardboard.

Retractable cutting knife/ utility knife for cutting your cardboard - straight long cuts.

Hobby knife for cutting your cardboard - detailed curved cuts.

Scissors for cutting your cardboard.



**Steel rule** for marking out and cutting straight lines.

### Drawing compass to draw circles and rounded corners.



**Cutting mat** to protect the table surface from scratches and cuts from the cutting blades.

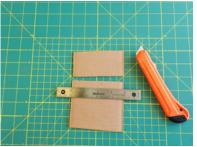


### HOW TO CUT CARDBOARD STRAIGHT CUTS

Here, a small straight edged metal ruler is used with a hobby knife to make a nice, straight cut.Keep those finge s out of the way.

- Apply fi m pressure to the ruler.
- Cut away from yourself, not toward your body.





# HOW TO BEND CARDBOARD

### **CREASE TO BEND**

Run a creasing tool across the cardboard a few times in order to create a better bend.





# HOW TO JOIN CARDBOARD

### HOT MELT GLUE

Hot melt glue is one of the best ways to join cardboard. It is fast to cure, strong, and can fill i gaps in uneven surfaces.

